

Sufyaan's Website

sufyaan.me/books

Read Physical Books

Posted on: **19 January 2024**

Category: **Literary**

Reading books is perhaps one of the most valuable ways to obtain knowledge in this ever-evolving world. With omnipresent digital devices and incredibly convenient purchasing, people find it easier to read books on screens than physical books. I do not agree with this view. Digital books have their own advantages but none outmatch the merits of a physical book.

Focus

Physical books have no distractions, allowing you to get into 'the zone' much more easily. With digital books, the reader can easily be distracted by something else. A hint of boredom is all it takes to break your focus. This is a high barrier for those already addicted to their devices. Physical books allow you to focus like nothing else which is essential for absorbing the knowledge in the book.

Unbound By Time

Physical books are not bound by time. If you are reading a book on a screen, the battery can run out. Humans have dreadful memory, which can lead to one forgetting to charge their device. There is no external factor to worry about with physical books. You just pick one up and start reading.

Technology Independent

All tech-savvy individuals know that no file format or storage medium lasts forever. Proprietary file formats die when the company who made them dies. If your book is in their file format, the money you spent is of no use. To add to this, if you lose your device or your account, there is no getting your book back. Physical books can be read centuries from now.

Experience

The experience of reading a physical book is unmatched. The smell of the pages, the scraping of your pencil when taking notes and the crisp pages refusing to turn all add to the experience. There is no denying that a physical book has a tactile feel as compared to a tablet.

Self-Development

Reading books physically is a proven method to developing yourself. It helps you gain knowledge, reduces screen time and makes for a spectacular habit to implement. If you want to improve your life, start off with books.

Sharing

It is trivial to share a book with a friend or relative. This reduces one's dependency on money as multiple people essentially have a shared bookshelf. Sharing information and empowering people you love the most is a wonderful way to employ a sense of connection.

Conclusion

To truly absorb the information you are reading, read them physically. There is a vast supply of untapped information in books. I have started reading [a plethora of physical books](#), mostly on finance. If you are a Muslim, this also includes reading the Qur'an as there are thousands of new pieces of information that you may come across.

To truly make use of the books you read, read them physically.